

Meal	February 2nd				February 3rd				February 4th				February 5th				February 6th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	WG Mini Bagel	1/2	1/2	1	WG French Toast Sticks	2	2	3	Yogurt	1/4C	1/4C	1/2C	WG Muffin	1/2	1/2	1	WG Kix	3/4C	3/4C	1 1/4C
	Cream Cheese	Cond	Cond	Cond																
	Peaches	1/4C	1/2C	1/2C	Applesauce	1/4C	1/2C	1/2C	Mango	1/4C	1/2C	1/2C	Banana	1/2	1	1	Fruit Cocktail	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Fish Shapes				WG CN Chicken Nugget Dippers	3	4	5	WG Flatbread Pizza				Flame Grilled Turkey Burger				Chicken Teriyaki			
	WG CN Fish Sticks				5 Nuggets = 2 oz M/MA & 2 oz eq Grain				Shredded Mozzarella	1 oz	1.5 oz	2 oz	Flame Grilled Turkey Patty	1/2 Patty	1 Patty	1 Patty	Diced Chicken #276780			
	WG Dinner Roll	1/2	1/2	1					WG Flatbread Squares	4 sq	4 sq	4 sq	WG Hamburger Roll	1/2	1	1	Brown Rice	1/4C	1/4C	1/2C
	Fresh Apple Slices	1/2 bag	1/2 bag	1 bag	Ketchup	Cond	Cond	Cond	Marinara	Cond	Cond	Cond	Pickles/Ketchup	Cond	Cond	Cond	Teriyaki Sauce	Cond	Cond	Cond
	Parmesan Roasted Broccoli	1/8C	1/4C	1/2C	Fresh Orange	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Mandarin Oranges	1/8C	1/4C	1/4C
					Peas	1/8C	1/4C	1/2C	Carrot Sticks	1/8C	1/4C	1C	Krinkle Fries	1/8C	1/4C	1/2C	Stirfry Veggies	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD	WG Chex Mix	1/2 bag	1/2 bag	1 bag	WG Animal Cracker #431090	1/2 bag	1/2 bag	1 bag	Townhouse Crackers	4 ea	4 ea	8 ea	WG Soft Pretzel	1/2	1/2	1	Graham Crackers #432190	2 ea	2 ea	4 ea
	Diced Pears	1/2C	1/2C	3/4C	Fresh Apple Slices	1/2 bag	1 bag	1 bag	String Cheese	1/2	1/2	1	Fresh Orange	1	1	1 1/2	Apple Cinnamon Chickpea Butter Cup	1 ea	1 ea	1 ea
JUICE/FRUIT VEGETABLE																				

(WG)=Whole Grain
(TBL)=Tablespoon
(CN)= Child Nutrition
(PK)= Packet
(C)=Cup

(Cond)= Condiment
(SL) = Slices

All milk served is unflavored
12-23 months Whole Milk (unflavored)
24-60 months 1% Milk (unflavored)
5 years and older 1% Milk (unflavored)

Meatballs are to be cut for ALL ages

All canned fruit are drained
Raw carrots are steamed

This institution is an equal opportunity provider
Seconds will be served upon child's request

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Meal	February 9th				February 10th				February 11th				February 12th				February 13th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	WG Apple Cinnamon Loaf	1/2	1/2	1	WG Cinnamon Cereal #521350	1/2C	1/2C	1C	WG Waffle	1/2	1/2	1	WG Mini Bagel	1/2	1/2	1	WG French Toast Sticks	2	2	3
													Cream Cheese	Cond	Cond	Cond				
	Fresh Apple Slices	1/2 bag	1 bag	1 bag	Peaches	1/4C	1/2C	1/2C	Fruit Cocktail	1/4C	1/2C	1/2C	Banana	1/2	1	1	Applesauce	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Pasta & Meatsauce				Chicken Mashed Potato Bowl				Beef Taco				WG Pierogies	2	3	3	Swedish Meatballs			
	CN Beef Crumble 3 oz Crumbles = 2 oz M/MA	1.5 oz	2.5 oz	3 oz	WG CN Chicken Nuggets 5 Nuggets = 2 oz M/MA & 2 oz eq Grain	3	4	5	CN Beef Crumble 3 oz Crumbles = 2 oz M/MA	1.5 oz	2.5 oz	3 oz	Pierogi Filling 3 Pierogies = 2 oz M/MA & 1 oz eq Grain				CN Chicken Meatball 3 Meatballs = 2.5 oz M/MA	2	3	3
																	(Or) Turkey Meatballs 6 Meatballs = 1.5 oz M/MA	4	6	8
	WG Pasta	1/4 c	1/4 c	1/2 c					WG Tortilla	1/2	1/2	1	WG Pierogi Shell				Egg Noodles	1/4 c	1/4 c	1/2 c
	Marinara	Cond	Cond	Cond	Gravy/Shredded Cheddar	Cond	Cond	Cond	Salsa/Shredded Cheddar	Cond	Cond	Cond					Gravy	Cond	Cond	Cond
	Frozen Mixed Berries	1/8C	1/4C	1/4C	Mashed Potatoes	1/8C	1/4C	1/4C	Mango	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C	Mandarin Oranges	1/8C	1/4C	1/4C
	String Beans	1/8C	1/4C	1/2C	Corn	1/8C	1/4C	1/2C	Corn	1/8C	1/4C	1/2C	Sweet Potato Fries	1/8C	1/4C	1/2C	Diced Carrots	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD	Banana Sushi Roll																			
	Sunbutter	1 Tbsp	1 Tbsp	2 Tbsp	Townhouse Crackers	4 ea	4 ea	8 ea	WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/2C)	WG Tortilla Chips	4 ea	4 ea	8 ea	Yogurt	1/4C	1/4C	1/2C
	WG Tortilla	1/2	1/2	1									Hummus	Cond	Cond	Cond				
JUICE/FRUIT VEGETABLE	Banana	1/2	1/2	1	Cucumber Slices or Carrot Sticks Ranch	1/2C Cond	1/2C Cond	3/4C Cond	Fresh Apple Slices	1/2 bag	1 bag	1 bag	Red Pepper Strips or Carrot Sticks	1/2C	1/2C	3/4C	WG Granola	1/2 bag	1/2 bag	1 bag

(WG)=Whole Grain
(TBL)=Tablespoon
(CN)= Child Nutrition
(PK)= Packet
(C)=Cup

(Cond)= Condiment
(SL) = Slices

All milk served is unflavored
12-23 months Whole Milk (unflavored)
24-60 months 1% Milk (unflavored)
5 years and older 1% Milk (unflavored)

Meatballs are to be cut for ALL ages

All canned fruit are drained
Raw carrots are steamed

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Meal	February 16th				February 17th				February 18th				February 19th				February 20th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	Yogurt	1/4C	1/4C	1/2C	WG Muffin	1/2	1/2	1	WG Kix	3/4C	3/4C	11/4C	WG Apple Cinnamon Loaf	1/2	1/2	1	WG Cinnamon Cereal #521350	1/2C	1/2C	1C
	Fresh Apple Slices	1/2 bag	1 bag	1 bag	Banana	1/2	1	1	Fruit Cocktail	1/4C	1/2C	1/2C	Fresh Apple Slices	1/2 bag	1 bag	1 bag	Banana	1/2	1	1
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Chicken Parm Sandwich				Fish Shapes				WG CN Chicken Nugget Dippers	3	4	5	WG Flatbread Pizza				Flame Grilled Turkey Burger			
	CN Chicken Patty #276770 3.19 oz Patty = 2 oz MMA & 1 oz eq Grain	1/2 Patty	1 Patty	1 Patty	WG CN Fish Sticks 4 Stickss = 2 oz M/MA & 2 oz eq Grain	2	3	4	5 Nuggets = 2 oz M/MA & 2 oz eq Grain				Shredded Mozzarella	1 oz	1.5 oz	2 oz	Flame Grilled Turkey Patty	1/2 Patty	1 Patty	1 Patty
	WG Hamburger Roll	1/2	1	1	WG Dinner Roll	1/2	1/2	1					WG Flatbread Squares	4 sq	4 sq	4 sq	WG Hamburger Roll	1/2	1	1
	Marinara/Shredded Mozz	Cond	Cond	Cond					Ketchup	Cond	Cond	Cond	Marinara	Cond	Cond	Cond	Pickles/Ketchup	Cond	Cond	Cond
	Frozen Mixed Berries	1/8C	1/4C	1/4C	Applesauce	1/8C	1/4C	1/4C	Fresh Orange	1/8C	1/4C	1/4C	Peaches	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C
	Green Beans	1/8C	1/4C	1/2C	Parmesan Roasted Broccoli	1/8C	1/4C	1/2C	Peas	1/8C	1/4C	1/2C	Carrot Sticks	1/8C	1/4C	1C	Krinkle Fries	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	WG Chex Mix	1/2 bag	1/2 bag	1 bag	WG Animal Cracker #431090	1/2 bag	1/2 bag	1 bag	Townhouse Crackers	4 ea	4 ea	8 ea	WG Soft Pretzel	1/2	1/2	1	Graham Crackers #432190	2 ea	2 ea	4 ea
	Diced Pears	1/2C	1/2C	3/4C	Fresh Apple Slices	1/2 bag	1 bag	1 bag	String Cheese	1/2	1/2	1	Fresh Orange	1	1	1 1/2	Apple Cinnamon Chickpea Butter Cup	1 ea	1 ea	1 ea

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Raw carrots are steamed

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Meal	February 23rd				February 24th				February 25th				February 26th				February 27th			
	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs	Food Item	1-2 yrs	3-5yrs	6+ yrs
	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk	Milk Type	Whole/1% Milk	1% Milk	1% Milk
BREAKFAST:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	WG Waffle	1/2	1/2	1	WG Mini Bagel	1/2	1/2	1	WG French Toast Sticks	2	2	3	Yogurt	1/4C	1/4C	1/2C	WG Muffin	1/2	1/2	1
					Cream Cheese	Cond	Cond	Cond												
	Fruit Cocktail	1/4C	1/2C	1/2C	Applesauce	1/4C	1/2C	1/2C	Peaches	1/4C	1/2C	1/2C	Frozen Mixed Berries	1/4C	1/2C	1/2C	Applesauce	1/4C	1/2C	1/2C
LUNCH:	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz	Milk	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Chicken Teriyaki				Pasta & Meatsauce				Chicken Mashed Potato Bowl				Beef Taco				WG Pierogies	2	3	3
	Diced Chicken #276780 2.5 oz = 2 oz M/MA	1.25 oz	1.9 oz	2.5 oz	CN Beef Crumble 3 oz Crumbles = 2 oz M/MA	1.5 oz	2.5 oz	3 oz	WG CN Chicken Nuggets 5 Nuggets = 2 oz M/MA & 2 oz eq Grain	3	4	5	CN Beef Crumble 3 oz Crumbles = 2 oz M/MA	1.5 oz	2.5 oz	3 oz	Pierogi Filling 3 Pierogies = 2 oz M/MA & 1 oz eq Grain			
	Brown Rice	1/4C	1/4C	1/2C	WG Pasta	1/4 c	1/4 c	1/2 c					WG Tortilla	1/2	1/2	1	WG Pierogi Shell			
	Teriyaki Sauce	Cond	Cond	Cond	Marinara	Cond	Cond	Cond	Gravy/Shredded Cheddar	Cond	Cond	Cond	Salsa/Shredded Cheddar	Cond	Cond	Cond				
	Mandarin Oranges	1/8C	1/4C	1/4C	Pears	1/8C	1/4C	1/4C	Mashed Potatoes	1/8C	1/4C	1/4C	Mango	1/8C	1/4C	1/4C	Fruit Cocktail	1/8C	1/4C	1/4C
	Stirfry Veggies	1/8C	1/4C	1/2C	String Beans	1/8C	1/4C	1/2C	Corn	1/8C	1/4C	1/2C	Corn	1/8C	1/4C	1/2C	Sweet Potato Fries	1/8C	1/4C	1/2C
P.M. SNACK:	Water				Water				Water				Water				Water			
CHOOSE 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD	Banana Sushi Roll																			
	Sunbutter	1 Tbsp	1 Tbsp	2 Tbsp	Townhouse Crackers	4 ea	4 ea	8 ea	WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/2C)	WG Tortilla Chips	4 ea	4 ea	8 ea	Yogurt	1/4C	1/4C	1/2C
	WG Tortilla	1/2	1/2	1									Hummus	Cond	Cond	Cond				
	Banana	1/2	1/2	1	Cucumber Slices or Carrot Sticks Ranch	1/2C Cond	1/2C Cond	3/4C Cond	Fresh Apple Slices	1/2 bag	1 bag	1 bag	Red Pepper Strips or Carrot Sticks	1/2C	1/2C	3/4C	WG Granola	1/2 bag	1/2 bag	1 bag

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